

Cycling on the Water

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Open Water Cycling, Inc.



Overview

- What exactly is “Cycling on the Water”?
 - What are the benefits?
 - What do I need?
 - Where can I go?
 - What will I see?
 - What resources are available?
 - Summary
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What is “Cycling on the Water”?

- Traveling in a pedal powered vessel
 - Generally going anywhere a sea kayak could go
 - Able to move at speeds exceeding 4 mph
 - Able to cover distances over 20 miles a day
 - Enjoy outings in both smooth & rough conditions
 - Being competitive with non-pedaled craft
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What are the benefits?

- Fantastic scenery
 - No cars, trucks or buses
 - Much quieter
 - No stop signs or traffic signals
 - Generally much cleaner air
 - If you stop pedaling you won't fall over
 - No flat tires!
 - No road rash!
 - No hills!
 - Great exercise!
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What do I need?

- Boat
- Safety gear
- Basic understanding of navigation
- Travel plan
- Means of getting to and from the water
- A sense of adventure!



Boats

- Do you want it to be fast or cheap?



Paddle Wheeler II in white



Boats

- Propulsion
 - Propellers
 - Paddle wheels
 - Flapping fins



Boats

- Retractable vs. fixed propulsion



Boats, continued

- The long and the short of it
- Displacement vs. Hydrofoils



Boats, continued

One hull or two?
Dry vs. wet



Safety Gear

- Boat with internal flotation
 - PFD
 - Bailing device
 - Air horn or whistle
 - Waterproof compass and chart
 - Extra drinking water and food
 - Extra clothing in dry bag
 - Sun glasses w/strap and sunscreen
 - Waterproof matches and fire starter
 - Visual signaling devices (flares, mirror, dye, etc.)
 - First aid kit
 - Waterproof flashlight, extra batteries and bulb
 - Knife
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Safety Gear



Safety Gear



Safety Gear, continued

- Paddle
 - 50' tow rope
 - Waterproof jacket
 - Hat with visor
 - Repair kit (tools, duck tape, etc.)
 - Marine VHF radio
 - GPS
 - Cell phone
 - Water shoes
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Safety Gear, continued



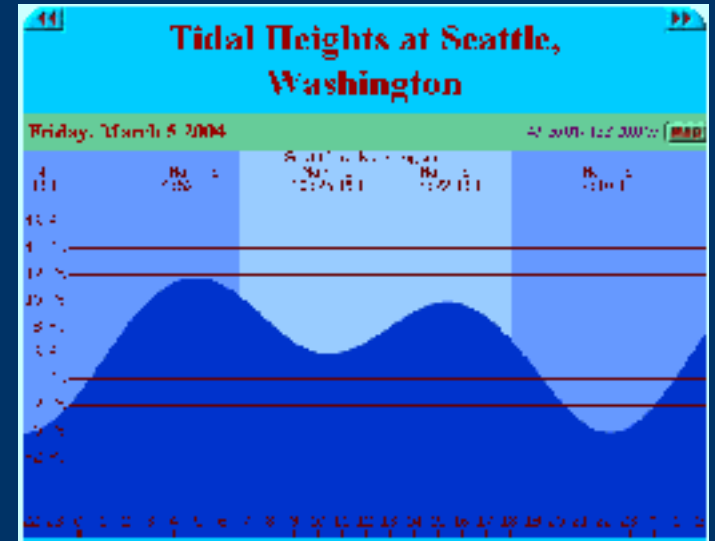
Safety Gear, optional

- EPIRB or PLB
- Wet or dry suit
- Paddle float
- Paddle tether
- Fenders
- Gloves
- Anchor



Travel Plans

- Know your limits
- Know your boat's limits
- Use current navigational charts



Travel Plans, continued

- Include options for bailing out
- Plan for the weather
- Plan for the water
- Let others know your plans

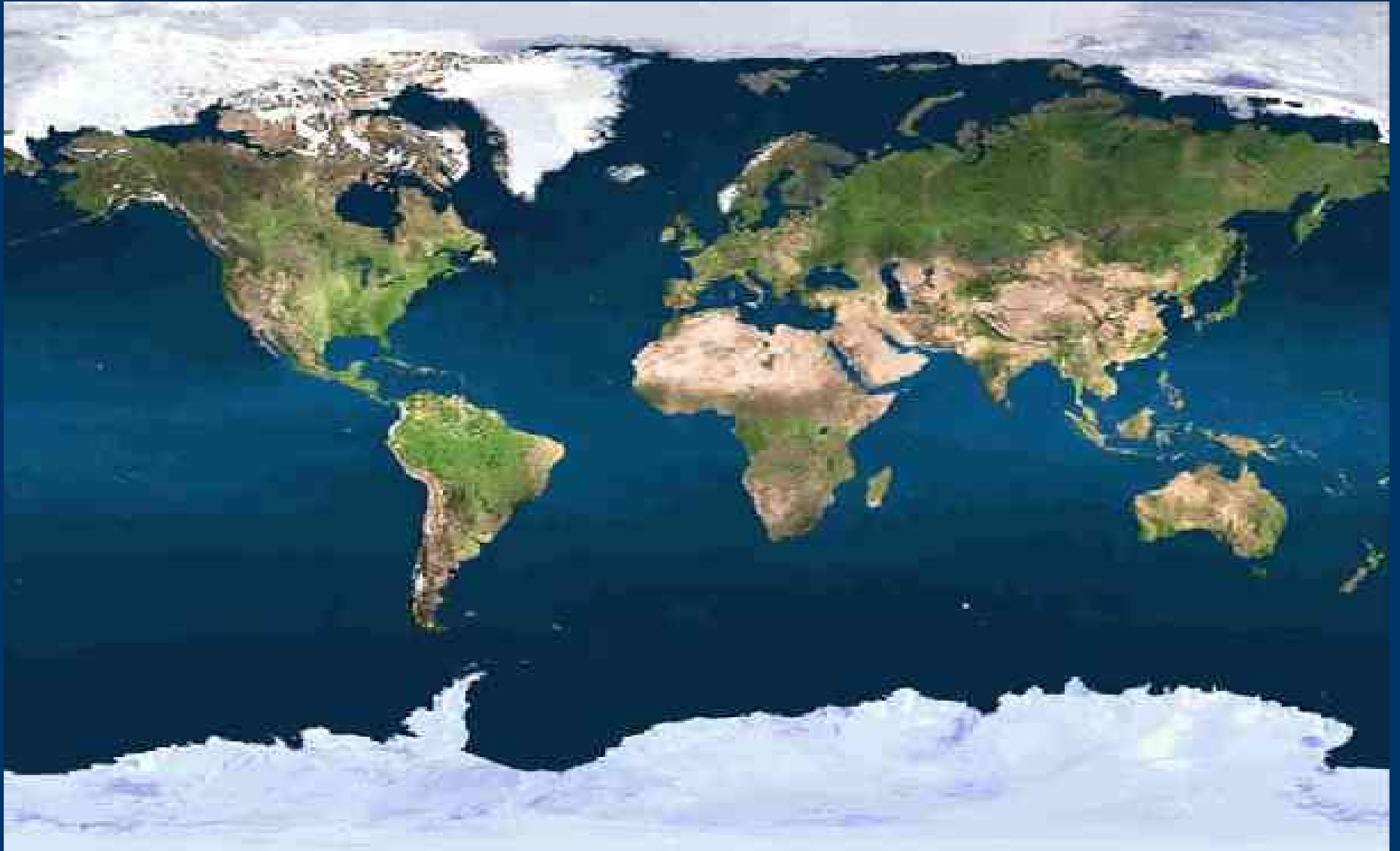


Means of Getting To and From the Water

- Dollies
- Trailers
- Boat ramps
- Public water access
- Marinas



Where Can I Go?



Where can I go?

- Lakes (Union, Washington, etc.)
- Rivers (Cedar, Duwamish, Columbia, etc.)
- Sea (Puget Sound, San Juans, Gulf Islands, Inside Passageway, etc.)
- The World!



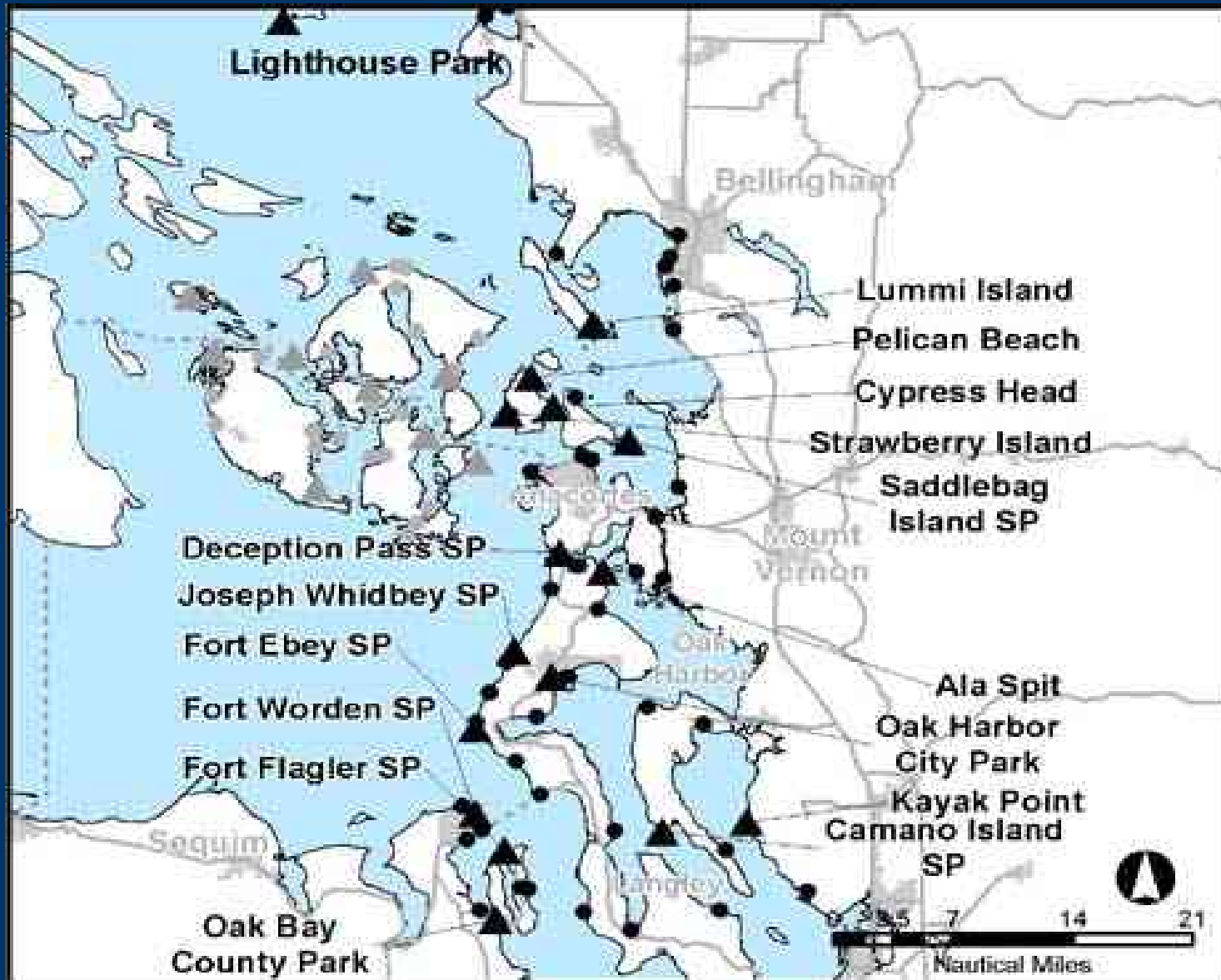
Lake Access Points



Cascadia Marine Trail



Cascadia Marine Trail, North Sound



What Will I See?



What Will I See?



What Will I See?



What Will I See?



What Will I See?



What Will I See?



What Will I See?



What Will I See?



What Resources Are Available?

- Pedal boat dealers and web sites
 - www.pedalcraft.com
 - www.humanpoweredboats.com
 - Kayak and boating stores
 - Paddling and rowing clubs
 - Marine oriented web sites
 - www.boatwashington.org
 - snorlax.lampi.org/mike/boating.html
 - Government web sites
 - access.wa.gov
 - Public library
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Summary

- Cycling on the water is
 - a superb way to explore new areas
 - a remarkable way to get around
 - great for exercise!
- Be familiar with and take along safety gear
- If the conditions are hazardous, don't go
- Plan ahead for contingencies
- Have fun!

